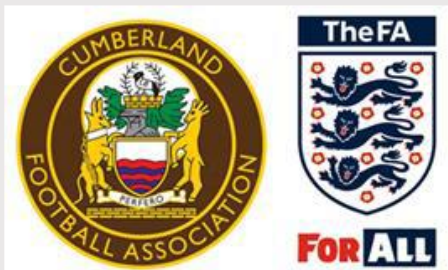


NATIONAL FOOTBALL SAFEGUARDING WEEKEND

SATURDAY 20TH NOVEMBER & SUNDAY 21ST NOVEMBER 2021



SAFEGUARDING IN FOOTBALL

Safeguarding is everyone's responsibility.

If you have concerns about the welfare/safeguarding of a child or the behaviour of an adult towards a child or young person under 18 years of age in football, it's vital you report your concerns.

DOING NOTHING IS NOT AN OPTION

CUMBERLAND FA'S DESIGNATED SAFEGUARDING OFFICER

Mel Sandwith
01900 511800
07704 156 780

EMAIL:
Safeguarding@CumberlandFA.com

CONCERNED ABOUT A CHILD?

Some common signs that there may be something concerning happening in a child's life include:

- unexplained changes in behaviour or personality
- becoming withdrawn
- seeming anxious
- becoming uncharacteristically aggressive
- lacks social skills and has few friends, if any
- poor bond or relationship with a parent
- knowledge of adult issues inappropriate for their age
- running away or going missing
- always choosing to wear clothes which cover their body.

HOW TO REPORT YOUR CONCERNS:

If you're worried about a child, even if you're unsure, it's important that you speak to someone:

- If you think that a child is in immediate danger you should contact the police or the NSPCC helpline on [0800 800 5000](tel:08008005000), email help@nspcc.org.uk
- You can also contact the NSPCC helpline for support and general advice
- Contact Cumbria Safeguarding Children Partnership
Email: CSCP@cumbria.gov.uk,
<https://cumbriasafeguardingchildren.co.uk/>
- Contact our Designated Safeguarding Officer (Scott Taylor) via email Scott.Taylor@CarlisleUnited.co.uk
- Contact the County FA Designated Safeguarding Officer (Mel Sandwith) at the Cumberland FA on 01900 511800 or via email Safeguarding@CumberlandFA.com
- By emailing The FA Case Management Safeguarding Team at Safeguarding@TheFA.com