

THE BLUES



**CARLISLE UNITED v
LEYTON ORIENT**

SATURDAY 22 OCTOBER 2022 | KICK OFF 3PM



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FROM THE CHAIRMAN

ANDREW JENKINS

I would give a warm Carlisle United welcome to the directors, players and fans of Leyton Orient who are riding high in the division this season and who, no doubt, will give us a tough afternoon. We have had some good games with them over the years and I'm sure this will be no different.

We have already had some tough encounters this season, made tougher by the injuries we've had to contend with so far. Despite that it has been shown that the summer recruitment work was good, with all of the squad members playing their part in getting us into the upper reaches of the division.

The game last Saturday against Doncaster Rovers was a real tonic, and it just shows the camaraderie among the players and, in fairness, this goes throughout the club.

Congratulations go to Jack Stretton who has for a while now showed real energy in his performances. He was excellent at Grimsby, and again last weekend, and at time of writing it is still unclear as to how long he will be out due to his ankle injury. I have my fingers crossed that he gets good news.

I met with a couple of our Norwegian Branch supporters on Saturday to thank them for the backing

they give the club. They have supported us since 1974 and I understand they all visited the Blues Store and spent a considerable amount purchasing shirts, scarves, etc.



Congratulations to the four players who made the League Two team of the week, along with Paul also getting recognition for the manner of the victory. It is good for them to get acknowledged for their hard work.

On Tuesday we travelled to Barrow for the final group game of the Papa Johns Trophy. It was a bright start from us, but we then had the episode of the firework. I won't say any more on that as there is ongoing FA and police investigation, but I will reinforce the message that not only is it extremely dangerous, but incidents like this also put clubs under the kind of spotlight none of us want to face.

The actions of one individual, or a small group, can lead to serious sanctions and repercussions for clubs. It tarnishes reputations - this is really unfair when the vast, vast majority are superb fans who create the kind of atmosphere we all enjoy - and can have a real impact in terms of measures that then need to be taken, particularly when it comes to increased costs for additional policing and stewarding requirements.

Whether Tuesday's incident unsettled the players or not is hard to say, because we didn't perform as we could have. I'm sure we'll respond as we move onto a big game against Leyton Orient, and let's hope our injuries have eased for today's match.

Enjoy the game today,
Andrew Jenkins



Address: Brunton Park, Warwick Road, Carlisle, Cumbria, CA1 1LL | **Chairman:** Andrew Jenkins

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Blues Store: 0330 094 5930 (option 2) | **Email:** enquiries@carlisleunited.co.uk

SLO: Simon Clarkson – slo@carlisleunited.co.uk or call 07891 779 015 | **Official Website:** www.carlisleunited.co.uk

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ANYONE WHO ENTERS THE PITCH WITHOUT PERMISSION AND THOSE CARRYING OR USING SMOKE BOMBS OR PYROS WILL NOW RECEIVE AN AUTOMATIC CLUB BAN.

”

‘LOVE FOOTBALL. PROTECT THE GAME’

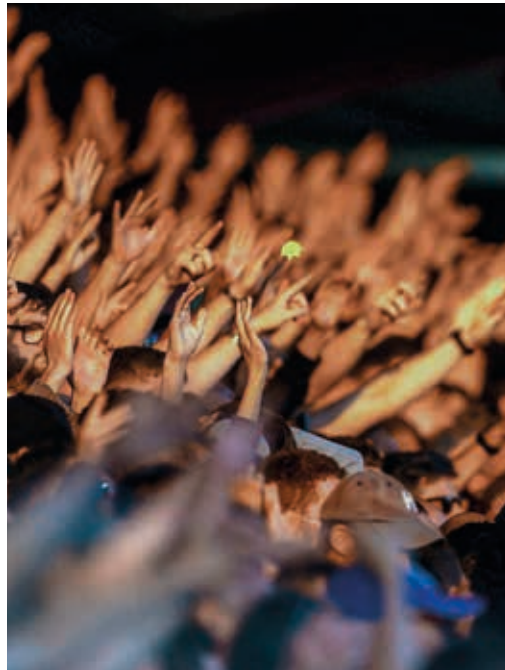
A message about anti-social and criminal behaviour

To mark the new season, we want to make you aware of new measures being taken across all of football to ensure everyone can have a safe and enjoyable experience. We are supporting strong action from the FA, Premier League and EFL to tackle anti-social and criminal behaviours that put all of us at risk.

This reflects the seriousness of the risks to fans and staff – pyros can burn at 2000 degrees Celsius and cause lifechanging injuries, while entering the pitch endangers players, managers and match officials.

We know those who commit these illegal acts do not represent the majority of supporters.

#LoveFootball #ProtectTheGame



FROM THE MANAGER

PAUL SIMPSON

Good afternoon and welcome to today's game against Orient. I also welcome Richie, his staff and players after what has been a very good start to the season for one of the early pacesetters.

They come into this game, like us, having lost just once in the league so far. That was at the beginning of this month in a game where they dominated the opening exchanges, only to find themselves two goals adrift as Newport scored twice in the space of four minutes.

They've had two draws since then, against two very good teams in Doncaster and Northampton, but are still nicely positioned in the upper reaches of the division. There's no doubt this will be a good test for both teams.

Back-to-back victories for ourselves came off the back of hard work at Hartlepool, and here at home last weekend, with both results being an example of the rewards you get if you do things properly. The early save from Tomáš was the only time he was really tested, and getting the goal when we did capped off a period where we had started to look really positive. Callum showed us once again that he has that quality in his locker.

It's important to make it count when you're on top, as we've seen a number of times this season when we've had to talk about points shared instead of games won, so it was particularly pleasing to see the way we managed the second half.

Defensively, from front to back, we were strong, and going forward we gave ourselves options. Everybody was delighted for Jack Stretton - he deserved the luck he got for his first goal, although Jordan Gibson probably won't share that point of view!

His second finish was why we brought him across from Derby in the first place. He's been threatening to do it, and the way he finished it off is a reflection of the confidence we're seeing from everybody at the moment.

One other thing I wanted to mention was the support. It was a terrible day in terms of the weather, with one of the heaviest downpours I can remember during the warm-up. To get over 5,000 Carlisle fans through the gates despite that is a reminder to us all of the potential we have here.

We want to keep giving you plenty to cheer about, and we know it's performances with that level of energy, discipline and professionalism that will achieve that.



It's still early days, nothing has been done yet. We must enjoy where we are in the table, but we also have to keep going. Thank you for your efforts.

Enjoy the game.

Paul Simpson

Paul Simpson is sponsored by Pat Cody & Jeff Aitken



HERE'S A STAT I BET YOU DIDN'T KNOW...

OVER *HALF A MILLION* SKY BET CUSTOMERS USE DEPOSIT LIMITS TO MANAGE THEIR BETTING BUDGET.

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(THAT'S A LOT OF TWED)

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AND THEN ENJOY THE SPORT.

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Safer
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17-23 October 22

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DEJÀ VU



LOFC



SATURDAY 26
FEBRUARY 2022

CUFC



Referee: Carl Boyeson
Attendance: 5,272 (700 away fans)

Leyton Orient: Vigouroux, Wood, Smith, Archibald, Khan, Drinan (Nouble 77), Pratley (c), Beckles, Kyprianou (Sotiriou 60), Coleman (Young 77), Ray. Subs - Byrne (gk), Thompson, Ogie, Brown.

Bookings – Beckles (10), Archibald (48 & 50)

Carlisle United: Howard, Riley, Feeney, Simeu, Mellish, Armer, Gibson, Guy (c), Devitt (Whelan 60), Patrick (Omotoye 77), Dennis (Sho-Silva 80). Subs - Breeze (gk), Alessandra, Roberts, Windsor.

Goal – Patrick (5)

Bookings – Armer (52), Riley (55), Whelan (69), Simeu (76)

Exactly 700 travelling Blues made their way to watch Paul Simpson's first game of his second spell as United manager, with a renewed feeling of optimism around the club.

Orient were also under new guidance, with Matt Harrold on interim manager duties, with the club having parted company with Kenny Jackett in midweek.



United were in front bang on five minutes when Devitt robbed possession inside his own half. He fed it to Dennis, who stretched to toe poke it for **Omari Patrick** to chase. The forward used pace to streak into the box

and he checked back to leave an opening to shoot. Vigouroux could do nothing as a low shot fizzed under his dive.

'Paul Simpson's blue and white army' belted out from the away stand as they celebrated Patrick's fourth of the season.

An eight-yard Smith header was a whisker away from levelling things up as it bounced off the surface and popped up awkwardly, but it soun over the bar. Drinan had done the leg work to fashion the cross, but Howard looked comfortable with the situation as he watched the ball come his way.

Excellent hard work from Patrick saw him keep the ball under pressure at the other end, and a clever

inside ball found Dennis in space. Guy was lined up to shoot, but it was wayward and it walloped the advertising hoardings.

Another incisive visiting move, sparked by pace from Riley, carved Orient apart as the right-back launched himself into the midfield gap. Gibson took over, and his delivery from wide was perfect for the late arriving Armer to volley. Vigouroux was beaten and mightily relieved as it bobbed just wide.

Into the second period and Theo Archibald was sent off when he picked up two yellow cards in the space of five minutes for late challenges on Gibson and Mellish. Things stayed tight in midfield, but a volleyed cross from Riley which ripped across the face of goal was the end product of a patient build-up which saw the visitors pass the ball from right to left and back again. It needed a touch, but it was just too far in front of the forward line.

There was a scramble inside the six-yard box late in the day when a dinked delivery from the left ricocheted between Feeney and Simeu. It was eventually put behind for a corner.

Sho-Silva had to head behind off the line after Pratley had got on the end of the last of a series of deliveries - as much a points winning intervention as the goal from Patrick - and the last of the inswingers was allowed to bounce behind after Sotiriou misplaced his touch.

The nailbiting period came to an end with the referee's whistle, which was accompanied by a huge roar from the away fans who had seen Simpson's era begin with a win - the club's first in eight outings.

MEET THE VISITORS

MEET THE VISITORS




LEYTON ORIENT THE SQUAD



 **RW**
RICHIE WELLENS
Manager

 **1**
SAM SARGEANT
GK

 **2**
TOM JAMES
DF

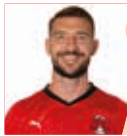
 **3**
CONNOR WOOD
DF

 **4**
SHADRACH OGIE
DF

 **5**
DAN HAPPE
DF

 **6**
ADAM THOMPSON
DF

 **7**
PAUL SMYTH
FW

 **8**
CRAIG CLAY
MF

 **9**
HARRY SMITH
FW

 **10**
RUEL SOTIRIOU
MF

 **11**
THEO ARCHIBALD
MF

 **12**
JORDAN BROWN
MF

 **13**
JAYDEN WAREHAM
FW

 **14**
GEORGE MONCUR
MF

 **15**
IDRIS EL-MIZOUNI
MF


 **16**
AARON DRINAN
FW


 **17**
ETHAN COLEMAN
MF

 **18**
DARREN PRATLEY
MF

 **19**
OMAR BECKLES
DF

 **20**
ANTHONY GEORGIOU
MF

 **21**
MATT YOUNG
MF

 **22**
LAWRENCE VIGOUROUX
GK

 **23**
CHARLIE KELMAN
FW

 **24**
JAYDEN SWEENEY
DF

 **25**
HARRISON SODJE
DF

 **26**
SONNY FISH
FW

 **27**
RHYS BYRNE
GK

 **28**
DAN NKUMAH
MF

 **29**
ZECH OBIERO
FW

 **30**
JEPHTE TANGA
MF

 **32**
ROB HUNT
DF

 **40**
STEPHEN DUKE-MCKENNA
MF

	H	A
1965/66	1-0	1-2
1970/71	2-0	1-1
1971/72	2-0	1-2
1972/73	1-0	1-2
1973/74	3-0	1-0
1975/76	1-2	0-1
1976/77	1-0	0-0
1987/88	1-2	1-4
1988/89	2-1	0-2
1996/97	1-0	1-2
1998/99	1-1	1-2
1999/00	2-1	1-0
2000/01	1-0	0-1
2001/02	6-1	0-0
2002/03	3-0	1-2
2003/04	0-1	1-1
2005/06	2-3	0-0
2006/07	3-1	1-1
2007/08	1-0	3-0
2008/09	1-3	0-0
2009/10	2-2	2-2
2010/11	0-1	0-0
2011/12	4-1	2-1
2012/13	1-4	1-4
2013/14	1-5	0-4
2015/16	2-2	2-1
2016/17	2-2	2-1
2019/20	P-P	1-1
2020/21	0-1	3-2
2021/22	1-1	1-0

(Carlisle United score shown first)

CUP MEETINGS
12 Dec 1936: United 4 – 1 Clapton Orient; FA Cup

Games Played: 60
Carlisle Wins: 24
Orient Wins: 21
Draws: 15



Good afternoon and welcome to today's match.

CARLISLE UNITED SPORTS DEGREE PROGRAMME

Are you passionate about a career in the football or sports industry?

If so, come and study with us at Carlisle United in 2022/23

Here at Carlisle United we offer a Foundation Degree and a top up year for the Foundation Degree to become a BSC Honours Degree.

- Foundation Degree Sports Coaching and Development

Carlisle United two-year Foundation Degree programme is a course designed for individuals wanting to attain a University Qualification for students that are passionate about pursuing a career in the Football or Sports Industry.

After the two years we offer a top up year for students to enhance their Foundation Degree to become a BSC Honours Degree.

Students develop the necessary skills, qualities and characteristics that are required to work within a professional football club, sports sector, community departments and national governing bodies. We have past students that are now working as PE teachers, football/sports coaches, and sports lecturers.

Delivered in partnership with the University of South Wales (USW) all lectures, seminars, and tutorials

are delivered in a supportive and inspirational club environment via online material.

Alongside the academic element of the course, students will complete up to 200 hours of voluntary coaching within the community, alongside the Community Sports Trust and Academy staff, allowing the students to embed and develop the coaching techniques learnt within the lectures.

Through our partnership with the University of South Wales, all students will be enrolled as a student at the University. Students will be able to access the University's online library, blackboard and learning materials, providing them with the best possible learning platform to excel.

If you are interested and would like to find out more about the course and how to apply, please contact, Education@carlisleunitedcst.co.uk

Thank you for reading, enjoy today's game.

Nick Telford
Education officer and University Mentor

You can keep up to date with all our community programmes and more through our social media channels:

Facebook – [Carlisle United Community Sports Trust](#)
Twitter – [@CUFCCST](#)
Instagram – [@CUFCCST](#)

For more information on any of our CST activities please call **0330 094 5930 (option 5)**.

Alternatively, you can email us at info@carlisleunitedcst.co.uk



SPORTS COACHING & DEVELOPMENT DEGREE





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YOUTH TEAM



EFL | YOUTH ALLIANCE

LEAGUE TABLE 2022/23

AS AT 16 OCTOBER 2022	P	W	D	L	F	A	GD	PTS
1 CARLISLE UNITED	6	5	0	1	18	8	10	15
2 Accrington Stanley	6	4	2	0	23	10	13	14
3 Fleetwood Town	6	4	2	0	13	6	7	14
4 Preston North End	6	4	0	2	24	7	17	12
5 Shrewsbury Town	4	3	1	0	8	1	7	10
6 Bolton Wanderers	6	3	1	2	12	8	4	10
7 Oldham Athletic	6	3	1	2	13	17	-4	10
8 Port Vale	6	2	1	3	12	14	-2	7
9 Blackpool	4	2	0	2	5	6	-1	6
10 Stockport County	6	1	2	3	5	14	-9	5
11 Morecambe	5	1	1	3	9	15	-6	4
12 Rochdale	6	1	0	5	9	12	-3	3
13 Walsall	6	0	1	5	3	23	-20	1
14 Salford City	5	0	0	5	6	19	-13	0

EFL | YOUTH ALLIANCE

FIXTURES AND RESULTS 2022/23

DATE	KO	OPPONENTS	H/A	SCORE	SCORERS
Sat 6 Aug	12pm	Walsall	A	3-0	Bollado, Nugent, Hardy
Sat 13 Aug	12pm	Port Vale	H	1-3	Nugent
Sat 20 Aug	11am	Morecambe	H	2-0	Park (2) - YAC G1
Sat 27 Aug	11am	Preston North End	A	2-1	Bollado, Nugent
Sat 3 Sep	11am	Bradford City	H	P-P	YAC G2
Fri 9 Sep	1pm	Shrewsbury Town	A	P-P	
Sat 17 Sep	11am	Rochdale	H	3-1	Bollado, Hardy (pen), Nugent
Sat 24 Sep	11am	Oldham Athletic	H	5-1	Hardy (3), Hill (2)
Sat 1 Oct	11am	Morecambe	A	4-2	Hardy (2), O'Brien, Park
Tue 4 Oct	1.30pm	Bradford City	H	3-1	Park, Bollado, Potts - YAC G2
Sat 8 Oct					
Sat 15 Oct					
Sat 22 Oct	11am	Blackpool	A		
Sat 29 Oct	11am	Bolton Wanderers	H		
Tue 1 Nov	7pm	Fleetwood Town	H		FAYC
Sat 5 Nov	12pm	Rotherham United	A		YAC G3
Sat 12 Nov	12pm	Salford City	A		
Sat 19 Nov	11am	Stockport County	H		
Sat 26 Nov	11am	Accrington Stanley	A		
Sat 3 Dec	11am	Fleetwood Town	H		
Sat 10 Dec	11am	Harrogate Town	A		YAC G4
Sat 17 Dec	11am	Morecambe	H		
Sat 7 Jan	11am	Rochdale	A		
Sat 14 Jan					
Sat 21 Jan	11am	Blackpool	H		
Sat 28 Jan					
Sat 4 Feb	11am	Bolton Wanderers	A		
Sat 11 Feb	11am	Accrington Stanley	H		
Sat 18 Feb	11am	Fleetwood Town	A		
Sat 25 Feb					
Sat 4 Mar	11am	Stockport County	A		
Sat 11 Mar					
Sat 18 Mar	11am	Preston North End	H		
Sat 25 Mar					
Fri 31 Mar	1pm	Shrewsbury Town	H		
Sat 8 Apr	11am	Oldham Athletic	A		
Sat 15 Apr	12pm	Walsall	H		
Sat 22 Apr					
Sat 29 Apr	12pm	Port Vale	A		
Sat 6 May	12pm	Salford City	H		

Safer Gambling Week

It's good to think about your gambling, talk about your gambling and equip yourself with the knowledge and tools to take control and gamble more safely.

Remember...

It's good to set yourself limits.

Decide how long you want to play for and stick to it. Do the same for your spending limit.

400,000 deposit limits are set every month. Have you set yours yet?

Gambling is not a way to make money.

Gambling is never a way to make money. You may get lucky now and again but don't be tempted to gamble with money that you need for things like rent and bills. Only ever stake what you can comfortably afford to lose.

It's good to take a break.

Step away, tap out and pause before you play. Take time to think.

Friends and family are more important than gambling.

Spend time with your friends and family doing other things you enjoy. Don't let gambling interfere with your personal relationships. If you are ever tempted to hide or lie about your gambling, consider talking it through with one of the gambling helplines.

Know the gambling warning signs.

Gambling may be becoming riskier for you if you are...

- Spending more money on gambling than you can afford
- Finding it hard to manage or stop your gambling
- Having arguments with family and/or friends about your gambling

- Losing interest in other activities that you usually enjoy
- Always thinking or talking about gambling
- Lying about your gambling or hiding it from your friends and family
- Chasing your losses or gambling to get out of financial trouble
- Gambling until all your money is gone
- Borrowing money, selling possessions, or not paying bills to fund your gambling
- Needing to gamble with larger amounts of money or for a longer time to get the same 'buzz' or excitement
- Neglecting work, study, family, friends, personal needs or household responsibilities because of your gambling
- Feeling anxious, worried, guilty, depressed or irritable

If any of these apply to you, free, confidential help and support is available to help you take back control.

GamCare offer an online forum and chatrooms for you to connect with others in similar situations to share your experience, find help and support others.

GamCare also offer self-guided resources to help you change your relationship with gambling.

If you are in Ireland, Gambling Care can signpost you to dedicated support services across the country ranging from residential programmes, in-person counselling, online counselling, and support groups to self-help tools and resources that can help you overcome the impact of Problem Gambling.

For more information visit www.safergamblinguk.org



The iconic Rainbow Laces have become a symbol of inclusion across sport and fitness.

This year, Rainbow Laces season runs through the last two weeks of October, with Rainbow Laces Day on 22 October.

Over a million of you have already worn the laces in support of LGBTQ+ inclusion. Now, we're asking everyone to Lace Up and Speak Up and start the conversations we need to have to make sport everyone's game.



Sport and physical activity can bring so many benefits to our lives – not just in terms of our wellbeing, but also in the ways they bring people together.

People from all walks of life can gain a sense of belonging and community through shared passion. And

LGBTQ+ people deserve to be a part of this. We shouldn't feel excluded or shut out just because of who we are.

Rainbow Laces have brought visibility for LGBTQ+ people in sport and awareness around our experiences. Today, more than a million people have laced up, and two thirds of sport fans who've seen the campaign believe they have a responsibility to

stand in solidarity for LGBTQ+ fans of the teams and sports they follow. However, the numbers show there is still much to do.

- **20% of sport fans think anti-LGBTQ+ language is harmless if it's just meant as banter (ICM for Stonewall, 2020).**
- **43% of LGBTQ+ people think public sporting events aren't a welcoming space for them. (YouGov for Stonewall, 2017).**
- **33% of LGBTQ+ people who participate or follow sport are not out to anyone in their sporting life (Out in Sport, 2019).**

Lace Up and Speak Up.

Visibility is important, but it alone is not enough. That's why we're evolving our Rainbow Laces from a symbol of inclusion to one of commitment.

Countless individuals, grassroots organisations, and sports clubs are already creating space for LGBTQ+ people and offering safety, security, and opportunity for those in our community. But we're always strongest when we work together and uplift one another.

So let's Lace Up and Speak Up. You can help drive meaningful change by starting conversations with those around you, and setting out clear commitments to making sports and fitness more welcoming for LGBTQ+ people.

Why not take action today?

GOAL TALLY

LEAGUE: 19 FA CUP: 0 CARABAO CUP: 2 EFL TROPHY: 2 TOTAL: 23

FIRST GOAL

Played	17
Carlisle United score first goal	6
Opponents score first goal	9
No goals scored	2
United score first goal and win	5
United score first goal and draw	0
United score first goal and lose	1
United fail to score	3
Opponents score first goal and win	3
Opponents score first goal and draw	5
Opponents score first goal and lose	1
Opponents fail to score	5

IS THAT THE TIME ALREADY?

	0-15	16-30	31-45	46-60	61-75	76-90
Conceded	0	5	4	4	4	2
Scored	3	0	6	4	4	6

FIRST HALF RECORD

Played 17 Won 4 Lost 4 Drawn 9

Second HALF RECORD

Played 17 Won 4 Lost 3 Drawn 10

HOW WE CREATED THE GOALS

Free Play 19 Corner 4 Free kick 0
Penalty 0 TOTAL 23

HOW WE SCORED THE GOALS

Header 4 Shot inside 15 Free kick 0
Penalty 0 Shot outside 4 Own goal 0 TOTAL 23

FORM GUIDE: HOME

Oct 15	Doncaster Rovers	(SB2)	3-0
Oct 1	Crewe Alexandra	(SB2)	0-0
Sep 20	Fleetwood Town (PJTG)	1-1 (4-2 pens)	
Sep 17	AFC Wimbledon	(SB2)	2-1
Sep 3	Rochdale	(SB2)	3-3
Aug 30	Manchester United U21	(PJTG)	1-2

WON 2 DRAWN 3 LOST 1 F10 A7

FORM GUIDE: AWAY

Oct 18	Barrow	(PJTG)	0-2
Oct 8	Hartlepool United	(SB2)	3-1
Sep 27	Grimsby Town	(SB2)	2-1
Sep 24	Newport County	(SB2)	1-1
Sep 13	Mansfield Town	(SB2)	0-0
Aug 20	Stevenage	(SB2)	1-2

WON 2 DRAWN 2 LOST 2 F7 A7

PLAYER CAREER APPEARANCES FOR CARLISLE UNITED

PLAYER	LEAGUE		FA CUP		OTHER CUP		TOTAL		PLAYER	LEAGUE		FA CUP		OTHER CUP		TOTAL	
	Apps	Goals	Apps	Goals	Apps	Goals	Apps	Goals		Apps	Goals	Apps	Goals	Apps	Goals	Apps	Goals
Jack Armer	74 (4)	1	3	0	8 (2)	1	85 (6)	2	Callum Guy	91 (1)	2	3 (1)	0	5 (3)	0	99 (5)	2
Fin Back	12	0	0	0	1	0	13	0	Jayden Harris	2 (8)	0	0	0	4	0	6 (8)	0
Ben Barclay	2	0	0	0	1	0	3	0	Sonny Hilton	0 (6)	0	0	0	3	0	3 (6)	0
Lewis Bell	0 (2)	0	0	0	2 (2)	0	2 (4)	0	Tomás Holý	13	0	0	0	1	0	14	0
Nic Bollado	0 (1)	0	0	0	1 (1)	0	1 (2)	0	Paul Huntington	9 (1)	1	0	0	0	0	9 (1)	1
Gabriel Breeze	0	0	0	0	0	0	0	0	Duncan Idehen	0 (2)	0	0	0	3	1	3 (2)	1
Ryan Carr	0	0	0	0	1	0	1	0	Michael Kelly	0	0	0	0	3	0	3	0
Taylor Charters	3 (25)	0	0 (4)	0	9 (3)	1	12 (32)	1	Max Kilsby	0	0	0	0	0	0	0	0
Kristian Dennis	24 (5)	9	0	0	0 (1)	1	24 (6)	10	Jon Mellish	109 (5)	16	6 (1)	3	9 (5)	2	124 (11)	21
Jamie Devitt	83 (35)	21	4 (2)	1	15 (1)	1	102 (38)	23	Owen Moxon	12	2	0	0	2 (2)	0	14 (2)	2
Brennan Dickenson	42 (9)	3	1	0	2 (1)	0	45 (10)	3	Omari Patrick	60 (18)	18	2	0	4	0	66 (18)	18
Josh Dixon	0 (2)	0	0 (1)	0	2 (1)	0	2 (4)	0	Joel Senior	3 (1)	0	0	0	0 (1)	0	3 (2)	0
Ryan Edmondson	4 (1)	0	0	0	1 (2)	1	5 (3)	1	Tobi Sho-Silva	4 (9)	4	0	0	0	0	4 (9)	4
Jack Ellis	5	0	0	0	3	0	8	0	Scott Simons	0	0	0	0	0	0	0	0
Morgan Feeney	36 (6)	1	1	0	8	0	45 (6)	1	Jack Stretton	5 (4)	2	0	0	3 (1)	0	8 (5)	2
Sam Fishburn	3 (6)	0	0 (2)	0	2 (2)	0	5 (10)	0	Corey Whelan	38 (7)	1	2	0	6 (2)	0	46 (9)	1
Jordan Gibson	46 (6)	6	1 (1)	1	3 (4)	1	50 (11)	8									

sky bet LEAGUE TWO EFL LEAGUE TWO TABLE

AS AT 21 OCTOBER 2022	P	W	D	L	F	A	GD	Pts
1 Stevenage	14	10	2	2	20	11	9	32
2 Leyton Orient	13	9	3	1	20	7	13	30
3 Northampton Town	14	8	3	3	23	14	9	27
4 Mansfield Town	13	8	2	3	21	13	8	26
5 Bradford City	13	7	3	3	19	11	8	24
6 CARLISLE UNITED	13	6	6	1	19	11	8	24
7 Salford City	13	7	3	3	17	10	7	24
8 Swindon Town	14	6	5	3	15	13	2	23
9 Tranmere Rovers	13	7	1	5	16	9	7	22
10 Grimsby Town	13	6	4	3	17	11	6	22
11 Barrow	13	7	0	6	16	15	1	21
12 Doncaster Rovers	14	6	3	5	18	19	-1	21
13 Crewe Alexandra	13	4	5	4	13	15	-2	17
14 Sutton United	14	5	2	7	13	17	-4	17
15 Walsall	14	4	4	6	16	14	2	16
16 Stockport County	13	3	3	7	14	19	-5	12
17 AFC Wimbledon	13	3	3	7	14	20	-6	12
18 Gillingham	13	2	6	5	5	13	-8	12
19 Newport County AFC	14	3	2	9	13	19	-6	11
20 Harrogate Town	13	3	2	8	10	17	-7	11
21 Rochdale	13	3	2	8	10	19	-9	11
22 Colchester United	13	2	3	8	10	18	-8	9
23 Crawley Town	13	2	3	8	12	23	-11	9
24 Hartlepool United	14	1	6	7	12	25	-13	9

SEASON 2022/23 PLAYER RECORD

PLAYER	Lge Apps	Lge Goals	Cup Apps	Cup Goals	Assists	Yellow	Red	Total Goals
Jack Armer	13		1 (1)		2	3		
Fin Back	12		1		1	1		
Ben Barclay	2		1			1		
Lewis Bell								
Nic Bollado	0 (1)		1 (1)					
Gabriel Breeze								
Ryan Carr			1					
Taylor Charters	0 (3)		3			1		
Kristian Dennis	12	7	0 (1)	1				8
Jamie Devitt	0 (1)		1 (1)	1		1		1
Brennan Dickenson								
Josh Dixon								
Ryan Edmondson	4 (1)		1 (2)	1		1		1
Jack Ellis	3		3					
Morgan Feeney	5 (2)		2					
Sam Fishburn								
Jordan Gibson	13		1 (3)		4	3		
Callum Guy	12	2	1 (2)		1	2		2
Jayden Harris	2 (8)		4		1	2		
Sonny Hilton	0 (6)		3		1			
Tomás Holý	13		1					
Paul Huntington	9 (1)	1				2		1
Duncan Idehen	0 (2)		3	1				1
Michael Kelly			3					
Max Kilsby								
Owen Moxon	13	2	1 (3)		1	3*		2
Jon Mellish	12	2	2 (2)		5	2		2
Owen Moxon	12	2	2 (2)					2
Omari Patrick	5 (5)	2	3					2
Joel Senior								
Tobi Sho-Silva								
Scott Simons								
Jack Stretton	5 (4)	2	3 (1)		1			2
Corey Whelan	8 (2)	1	4					1
Own Goal								
TOTALS		19		4		22		23

*one awarded in abandoned game v Grimsby (16 Aug 22)

2022/23 STAT PACK



CARLISLE UNITED

LEYTON ORIENT

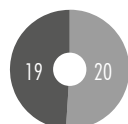


MATCH FACTS & TOTAL CARDS

Carlisle United are unbeaten in their last three matches against Leyton Orient in the Football League (W2 D1) since a 0-1 defeat to the O's in March 2021.



Leyton Orient are unbeaten in their last six away Football League meetings with Carlisle United (W3 D3) dating back to November 2012.



GOALS



EXPECTED GOALS



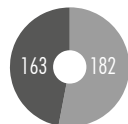
GOALS CONCEDED



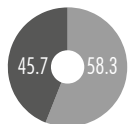
EXPECTED GOALS AGAINST



CLEAN SHEETS



SHOTS



AVERAGE POSSESSION %



SHOT CONVERSION RATE %



POINTS GAINED AFTER TRAILING



POINTS DROPPED AFTER LEADING

GOAL TIMES

	SCORED	CONCEDED		SCORED	CONCEDED		
	0-15	2	0		0-15	2	1
	16-30	0	5		16-30	2	2
	31-45	7	2		31-45	4	1
	46-60	4	3		46-60	5	0
	61-75	2	1		61-75	4	1
	76-90	4	0		76-90	3	2



I described many of the Carlisle United / Leyton Orient connections in the programme for our 21 August game last season, so I won't bore you by churning them out again.

Just to say that of all the clashes over the years since we first met in 1965/6, United just have the edge over Orient.

We each won our home game in that 65/6 season by a single goal margin but Orient managed only four other wins and finished 10 points adrift at the foot of Division 2 - now the Championship.

However, they bounced back in 1970 and after we both had an indifferent campaign in 1972/3, United 18th and Orient 15th, we had a tremendous battle in 73/4 for the third promotion spot into the top division.

Dennis Martin scored 48 goals in his 275 league appearances for the Blues but the one at Brisbane Road on 15 December, the only goal of the afternoon, was maybe the most important.

Frank Clarke (2) and Joe Laidlaw were on the mark for a 3-0 United victory here on 2 February and despite a wobble over the next three games, a strong finish of four wins in the final five matches gave Carlisle a single point advantage, 49 to Orient's 48.

Just like Martin in 1973, Omari Patrick scored the only goal in the game at Brisbane Road on 26 February last season, a vital one to take United up from 22nd place, above Orient who had started the game in 18th.

With new managers, Paul Simpson and Richie Wellens both teams hit a vein of better form including four consecutive wins and in the end avoided relegation with a bit to spare. Similar results in the present campaign might lead to the teams meeting in the play-off or better still automatic promotion to meet in League One next year. Sorry! Getting carried away here!

From a personal point of view, I told you in the Gillingham programme how my Dad had taken me to my first Gills game in 1955 when I was 11.



I returned the compliment five seasons on, when for his Xmas present I gave him a stand ticket for the FA Cup Third Round tie two weeks later.

Not a great afternoon - we sat among Priestfield's biggest crowd of the season but Second Division Orient dominated the game from start to finish and won 6-2. I remember **Tom Johnston** † scoring some of the Orient goals and see that he is still their top league scorer with 121.

He later signed for the Gills for a fee of £6,000 but he was not able to score so many in his time at Priestfield.

I have to admit that I've not seen many Orient games in the past 60 years and I probably won't manage to get to Brunton Park this afternoon. So please give the lads a shout from me. Come on you Blues!



JOIN US TO BOOK YOUR

CHRISTMAS PARTY

AT BRUNTON PARK

Tuck into a delicious spread of...

FLATBREADS WITH BABA GHANOUSH, SPICED HUMMUS, ROAST PEPPER AND FETA DIPS | PIGS IN BLANKETS | CHICKEN DRUMSTICKS | SAUSAGE ROLLS | SELECTION OF MINI QUICHES | VEGETABLE SPRING ROLLS | VOL-AU-VENTS | TORTILLA CHIPS AND A SELECTION OF DIPS

ALSO ENJOY A GLASS OF FIZZ OR ORANGE JUICE UPON ARRIVAL, CHRISTMAS CRACKERS, PARTY-POPPERS AND DANCE TO YOUR HEARTS CONTENT WITH A DJ 'TIL MIDNIGHT!!

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[CARRIAGES BY 12:30AM]



MASCOTS

A BIG WELCOME TO OUR MATCH DAY MASCOTS!



BOBBY BAXTER

BOBBY'S FAVOURITE PLAYER IS JORDAN GIBSON. HE ATTENDS ULLSWATER COMMUNITY COLLEGE AND ENJOYS PLAYING FOOTBALL AND GAMING.

WILLIAM MITCHELL

WILLIAM'S FAVORITE PLAYER IS FIN BACK. HE ATTENDS BOTTISHAM VILLAGE COLLEGE, WHICH IS LOCATED JUST OUTSIDE OF CAMBRIDGE, SO IT IS A BIT OF A TREK TO COME UP TO SEE CARLISLE! HOWEVER, HE GOES TO SOME OF THE AWAY MATCHES. HIS HOBBIES ARE FOOTBALL, GOLF AND PLANE SPOTTING.



JOSHUA NICHOLSON

JOSHUA' FAVOURITE PLAYER IS OWEN MOXON. HE GOES TO HOUGHTON COE PRIMARY SCHOOL AND HIS HOBBIES ARE PLAYING AS PART OF CARLISLE CRUSADER'S UNDER 7S TEAM, PLUS LOTS OF OTHER SPORTS!

ISABEL RAYSON

ISABEL'S FAVOURITE PLAYER IS OWEN MOXON. SHE GOES TO ARMATHWAITE SCHOOL AND HER HOBBIES ARE FOOTBALL, NETBALL AND DANCING.



WOULD YOU LIKE TO BE A MASCOT THIS SEASON?

Packages are priced at just
£50 for season ticket holders and £60 for non-members.

Call **0330 094 5930** for more information.



OLGA'S FUN PAGES


 JUST FOR FUN, FIND THIS FOX HIDDEN SOMEWHERE IN THE PROGRAMME. IT COULD BE QUITE SMALL, SO LOOK CAREFULLY!
 LAST TIME - PAGE 31, TOP RIGHT SPONSORS LOUNGE IMAGE, ABOVE BEN BARCLAY

MY MINI MATCH REPORT

CARLISLE UNITED V
 LEYTON ORIENT
 SATURDAY 22 OCTOBER 2022



SPOT THE BALL



CAN YOU TELL WHERE THE BALL IS IN THIS PICTURE?

BOOTS



WHO DO THESE BOOTS BELONG TO?

NAME -

AGE -



THE FINAL SCORE
 UNITED - ORIENT

THE STARTING LINE-UP WAS



THE GOALS WERE SCORED BY



THESE PLAYERS WERE BOOKED



I WATCHED THE MATCH FROM



THE BEST PART OF THE MATCH WAS

MY MAN OF THE MATCH WAS

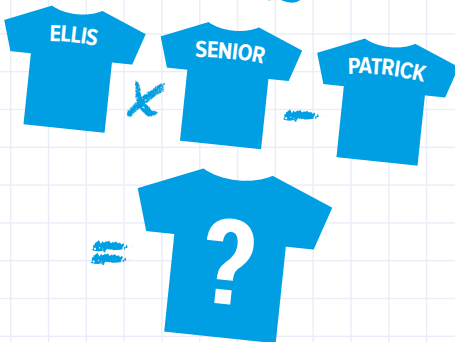


HEAD MASH-UP



WE'VE MIXED UP THREE PLAYERS. WHO ARE THEY?

SQUAD NUMBER MATHS




ANSWERS
 Spot the Ball: A Boots: Jordan Gibson
 Head Mash Up: Hair - Ryan Edmondson,
 eyes and nose - Sonny Hilton, mouth - Taylor Charters
 Squad Number Maths: 30

PLAYER SPONSORS 2022/23

THANK YOU TO OUR PLAYER SPONSORS FOR THE 2022/23 SEASON


For more information on player sponsorship please call  0330 094 5930 (option 3) or email commercial@carlisleunited.co.uk



PAUL SIMPSON
Manager
Sponsor: Pat Cody & Jeff Aitken




PAUL GERRARD
Goalkeeping Coach
Available to sponsor




JAMIE ROPER
Strength & Conditioning Coach
Available to sponsor




COLIN NIXON
Kit Man
Sponsor: GMB @ Work Cumbria



1. TOMÁŠ HOLÝ
Goalkeeper
Sponsor: Pat & Jonas Cody




3. JACK ARMER
Defender
Sponsor: Pete Hines



5. MORGAN FEENEY (C)
Defender
Sponsor: Lee Henderson




7. JORDAN GIBSON
Forward
Sponsor: Bruce & Kathryn Vander Taylor



9. RYAN EDMONDSON
Forward
Sponsor: Bob Hope



11. BRENNAN DICKENSON
Midfielder
Sponsor: Alex MacAllister




GAVIN SKELTON
Assistant Manager
Sponsor: Sue & Keith Elliot



ROSS GOODWIN
Physiotherapist
Available to sponsor




JACOB BLAIN
Performance Analyst
Sponsor: CUSC London Branch



GEOFF HAUGH
Rehab Coach
Sponsor: Jack Murchison, Hampshire



2. JOEL SENIOR
Defender
Sponsor: Ian & Liz Hoyle



4. OWEN MOXON
Midfielder
Sponsor: CUSAT



6. PAUL HUNTINGTON
Defender
Sponsor: George Hudson & Son




8. CALLUM GUY
Midfielder
Sponsor: Doug



10. OMARI PATRICK
Forward
Sponsor: Ian & Samantha Jones



12. SONNY HILTON
Midfielder
Sponsor: Nobby Nearn



13. GABRIEL BREEZE
Goalkeeper
Sponsor: Mitchell Dryers




15. TAYLOR CHARTERS
Midfielder
Sponsor: Peter, Abigail and Rufus Oddie




17. COREY WHELAN
Defender
Sponsor: Joe & Julie Bilnco, J Edgar & Son (Hyundai)




19. SAM FISHBURN
Forward
Available to sponsor




21. SCOTT SIMONS
Goalkeeper
Available to sponsor



23. LEWIS BELL
Midfielder
Sponsor: Appleby Post Office




25. FIN BACK
Defender
Sponsor: Classique Kitchens




28. JAMIE DEVITT
Midfielder
Sponsor: The Family Guys



30. MICHAEL KELLY
Goalkeeper
Sponsor: Property Network of Australia




33. DUNCAN IDEHEN
Defender
Available to sponsor




14. KRISTIAN DENNIS
Forward
Sponsor: Tim & Phil




16. TOBI SHO-SILVA
Forward
Sponsor: Ian & Samantha Jones




18. JOSH DIXON
Midfielder
Available to sponsor




20. JACK ELLIS
Defender
Sponsor: CUSC London Branch




22. JON MELLISH
Defender
Sponsor: Craig Greenan



24. MAX KILSBY
Defender
Sponsor: Michael Waller



26. BEN BARCLAY
Defender
Sponsor: William Lawrie



29. JAYDEN HARRIS
Midfielder
Sponsor: Pete Blue



32. JACK STRETTON
Forward
Sponsor: Property Network of Australia



Championing A-Z Vehicle Dismantlers in Carlisle

Here's to Craig doing the business,
selling vehicle parts just down the road.

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A-Z Vehicle
Dismantlers



COMMERCIAL CORNER

Good afternoon and welcome to today's game against Leyton Orient!

THANK YOU TO OUR SPONSORS

A huge welcome to our match sponsor, Kirkaldy & Roe LTD, and match ball sponsors Espresso Hub and Paul Cartmell.

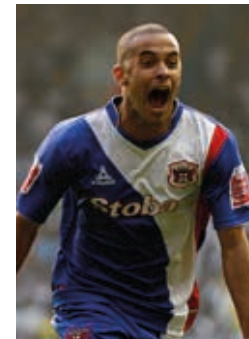
We hope you all have an enjoyable day with us in Foxy's Restaurant.

Look out for them as they take to the pitch for the official photo with the match officials and captain.



SPECIAL GUEST

Today we welcome **Simon Hackney** back to Brunton Park so please come and say hello if you spot him. He is available pre-match for autographs and pictures in the Fan Zone, from 1.45, and from 2pm he will be in the west stand bars to say hello.



He then joins our hospitality guests in Foxy's for a Q&A and post-match analysis.

ADVERTISING

We have various pitchside advertising boards, digital and sponsorship opportunities available.

For further information on any of the above contact the commercial team on **03300 945 930 (option 3)** or email commercial@carlisleunited.co.uk – we will be happy to help with any of questions or enquiries.

Enjoy the game!

Debbie, Kerry and Martyn

IN THE SPONSOR'S LOUNGE

A big thank you to our match sponsors from the Doncaster game, Aqua Pura, and our match ball sponsors Volvo Trucks and McCalls Bakers.

Here we have Aqua Pura receiving a signed, framed home kit, and Martin and Mally receiving signed balls off Les O'Neill for their match ball sponsorship.

Congratulations to Vesta Wealth Man of the Match, Jack Stretton, who was presented with his champagne.

A big thank you to our hospitality guests in Foxy's – it was fantastic to see you all there.

Former player Les O'Neill joined us before kick-off for a very enjoyable Q&A session – thank you Les!

If you would like to book for hospitality in Foxy's Restaurant, please contact commercial@carlisleunited.co.uk. Places are filling quickly.





CARLISLE UNITED v LEYTON ORIENT

SATURDAY 22 OCTOBER 2022 | KICK OFF 3PM



CARLISLE UNITED

sky bet
LEAGUE TWO



LEYTON ORIENT

MANAGER PAUL SIMPSON

MANAGER RICHIE WELLENS

	Start	Gls	Sub	Yell	Red
1	Tomáš Holý				
2	Joel Senior				
3	Jack Armer				
4	Owen Moxon				
5	Morgan Feeney				
6	Paul Huntington				
7	Jordan Gibson				
8	Callum Guy				
9	Ryan Edmondson				
10	Omar Patrick				
11	Brennan Dickenson				
12	Sonny Hilton				
13	Gabriel Breeze				
14	Kristian Dennis				
15	Taylor Charters				
16	Tobi Sho-Silva				
17	Corey Whelan				
18	Josh Dixon				
19	Sam Fishburn				
20	Jack Ellis				
21	Scott Simons				
22	Jon Mellish				
23	Lewis Bell				
24	Max Kilsby				
25	Finley Back				
26	Ben Barclay				
27	Nic Bollado				
28	Jamie Devitt				
29	Jayden Harris				
30	Michael Kelly				
31	Ryan Carr				
32	Jack Stretton				
33	Duncan Idehen				
34	Kai Nugent				

	Start	Gls	Sub	Yell	Red
1	Sam Sargeant				
2	Tom James				
3	Connor Wood				
4	Shadrach Ogie				
5	Dan Happe				
6	Adam Thompson				
7	Paul Smyth				
8	Craig Clay				
9	Harry Smith				
10	Ruel Sotiriou				
11	Theo Archibald				
12	Jordan Brown				
13	Jayden Wareham				
14	George Moncur				
15	Idris El-Mizouni				
16	Aaron Drinan				
17	Ethan Colemn				
18	Darren Pratley				
19	Omar Beckles				
20	Anthony Georgiou				
21	Matt Young				
22	Lawrence Vigouroux				
23	Charlie Kelman				
24	Jayden Sweeney				
25	Harrison Sodje				
26	Sonny Fish				
27	Rhys Byrne				
28	Dan Nkrumah				
29	Zech Obiero				
30	Jephte Tanga				
31					
32	Rob Hunt				
40	Stephen Duke-McKenna				

ALSO PLAYING TODAY

Crawley Town v Mansfield Town
 Crewe Alexandra v Doncaster Rovers
 Gillingham v Barrow
 Grimsby Town v Bradford City
 Harrogate Town v Tranmere Rovers
 Newport County v Colchester United
 Rochdale v AFC Wimbledon
 Salford City v Stockport County
 Stevenage v Northampton Town
 Sutton United v Walsall
 Swindon Town v Hartlepool United

NEXT HOME GAME

TRANMERE ROVERS
 DATE & TIME TBC – FA CUP

MATCH OFFICIALS

REFEREE Thomas Parsons
 ASST. REFEREE Simon Clayton
 ASST. REFEREE Conor Brown
 4TH OFFICIAL Darren Handley
 OBSERVER Clive Oliver

**IF YOU HEAR ANY ABUSIVE LANGUAGE,
 OR WITNESS BAD BEHAVIOUR OF ANY
 KIND, PLEASE CALL 07891 779 015**

Editors: Andy Hall & Amy Nixon | Official Photographs: Mark Fuller, Amy Nixon, Barbara Abbott, Rex Images

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